



Rotary District 7210 Youth Exchange Program

Host Family Home Interview/Visit #1

Bring two copies of this document to the Host Family Interview/Training. Complete Part 1 to determine if Host Family qualifies for Hosting an Exchange Student. If qualified, the training can take place. Part 2 - Review each line item to promote discussion and answer questions that pertain to hosting the Inbound Exchange Student. Leave the Host Family with documents underlined below, including this document as it will be a useful tool for them. The interview/training must be done by the Youth Exchange Officer or Youth Exchange volunteer of the Rotary Club that has knowledge and training in the YE program. A copy of the Host Family Application is on Rotary YEAH. Once the Interview/Home Visit is completed, log onto the Web Portal to complete the Host Family Interview/Home Visit. Forward this signed form to the Inbound Director to upload on the Host Family Documents page as HF TRAINING.

PART 1 - Interview/Qualification

All Host Family members 18+ have submitted Background Checks and they have been cleared by Rotary ____ (Y/N)

Host Family understands and is able to provide the following: (Y/N)

____ Provide physical, moral and family financial support (3 meals a day, lodging, normal household amenities) for the student in the home, and include him/her in family activities.

____ Review estimated costs to hosting a student - what is expected (room & board, laundry detergent, toothpaste, soap, etc; regular family activities: movies, out to eat, family trips) and what is NOT expected (clothing, phone/cell/internet charges; family vacations - discuss expenses and establish cost share

____ Provide the student with a separate bed and adequate storage and study space. Student may share a bedroom, but with no more than one other individual of the same gender.

____ Help with Challenges - Language, School, Culture shock and homesickness. Be Parents: Love, support, encourage, understand and discipline. Clearly communicate family expectations. Culture Shock - by Dennis White

____ Either provide or arrange for student transportation (with the help of the Rotary Club) to school, extracurricular activities or sports and required Rotary activities

Host Family's Home is suitable for host Inbound Student (Y/N)

____ Host Family selected rooms accurately represent the application photos

____ Quality of home meets standards

____ Location of home meets standards

____ Quality of neighborhood meets standards

____ Location of neighborhood meets standards.

All Standards above must be met in order to conduct the Interview and Training with the Host Family. If any standard is not met, interview can end.

PART 2 Host Family Training –

All Family Members are present for interview ____ (Y/N) _____

Absent Family Members

____ Host Family has knowledge of Rotary International and District 7210 Information:

- Rotary is the world's oldest and most international service organization
- Rotary's Motto: Service Above Self, Rotary's 4 Way Test
- Purpose of YEX Program - Provide an educational and cultural opportunity for high school students for a year and promoting Rotary's goal of world peace and understanding, one exchange student at a time
- CSJET - Counsel on Standards for International Educational Travel - A quality standards program that allows students to participate in high school athletic programs. We are now part of CSJET, listed as Rotary District 7210 under Empire State Youth Exchange in the CSJET online J-1 Visa program listing.
- SEVIS - Student Exchange Visitor Information System - A required government based tracking and reporting system for the Rotary Youth Exchange student. For SEVIS & DOS purposes, District 7210 is part of the Empire State Youth Exchange listing under the umbrella of District 7170.
- DOS - Department of State – DOS establishes rules and regulations by which our program is governed. Confirm they received the DOS Welcome letter by email ____
- Rotary District 7210 - area it covers - 8 Mid-Hudson Counties, 60 Rotary Clubs

- ___ District 7210 Websites: www.yex7210.org, www.rotarydistrict7210.org
- ___ District Youth Exchange Calendar for the student's activities and events - found on District Website. Watch for updates.
- ___ Host Family Guide - Link at www.yex7210.org
- ___ District 7210 Rules and Regulations - Document in application signed by student and student's natural parents.
- ___ Emergency Contact List - Structure of Rotary support - review the listing of all the Rotary Volunteers and their District roles that will be involved with student's success in program. In the event of questions/concerns that arise relative to hosting a student, or problems that arise which cannot be resolved within the family, either the student or a host family member should contact the Rotary Club Youth Exchange Officer or Counselor. If the matter remains unresolved a District committee member is contacted to help resolve the situation (24/7)
- ___ Responsibility of Rotary Club - Counselor contact with student and family at least once a month, be advocate for student, see that student attends Rotary meetings, Rotary Club support, help with school issues and registration, help with transportation to events, school & YEX weekends, help with transition to next host family, available for 24/7 support - WE CANNOT HELP IF WE DO NOT KNOW
- ___ Medical Insurance - CISI Insurance. Student ID card & information on Rotary YEAH for CISI Insurance, including claim form - <http://www.culturalinsurance.com/rotary/cisibolduc.asp>
- ___ Authorization for Medical Release - Natural Parents' Medical Release document found in Student's application
- ___ Emergency Fund for Student - \$500 savings account set up and held by Rotary Club for emergencies
- ___ Student Bank Account - Debit card set up for student by Rotary Club unless other arrangements made
- ___ Monthly Allowance - \$100 given to the student each month by the Rotary Club for spending, Sept – June

Host Family Responsibilities and Information

- ___ Family Expectations:
 - Household Chores - Makes them feel part of the family
 - Curfews - Setting family guidelines, especially with a younger family with no teenagers
 - The 6 D's – NO Drinking, Driving, Drugs, Dating (one person exclusively), Disfigurement, Disgrace
 - The 6 B's – BE first, curious, focused, grateful, helpful, here now!
 - Smoking not permitted, includes E-Cigs.
 - Riding in a car with friends/overnights – Establish rules and limits
 - Computer/Internet usage - Discuss if student stays in room and contacts "home" too much
 - Homesickness/Independence
 - Visits from home - No friends are allowed to visit during exchange, parents after March 1
 - 1st Host Family - Welcoming Student upon arrival, First Night Questions at www.yex7210.org, Excitement/newness vs. Culture Shock/adaptations, language struggles, getting settled in their new school/any friend issues and setting standards for the year.
 - 2nd Host Family - transition issues, new family "rules and practices," language and culture beginning to "click;" notifying school of move (busing)
 - 3rd Host Family - Comfortable with language and culture, Big events: prom, graduation, USA bus trip (optional), reverse culture shock, preparing for separation and goodbyes
- ___ Permission to Travel Form (In Handbook) Monitor the travel of the student and obtain approval for all travel in accordance with the District 7210 Travel Policy and the student's travel restrictions on their J-1 VISA. Students may not travel alone or only with other students. Travel is permitted with host family and/or Rotary authorized adults. Travel is permitted on Rotary authorized functions. All travel outside the District for more than a 12 hour period or travel by air or out of state must be approved by completing the Permission to Travel Form signed by the Host Family, Host Club YEO and District Chair. Travel by air or to another state also requires the signature of the natural parents on the Permission to Travel Form or e-mailed permission. No tickets should be purchased for any travel without all prior approvals.
- ___ DS-2019 (Document with Student's passport) must be signed a second time by the District's SEVIS chair (Inbound Director) if the student is leaving the country during exchange (e.g., Canada).

- ___ Rotary's Student Protection Policy - Create and maintain the safest possible environment for all participants - Immediately report any complaint or indication of abuse to the District Youth Protection Officer. Review safety and protection policies in Host Family Handbook.
- ___ Host Family understands that if they have a son/daughter that would like to be considered for the Rotary Youth Exchange Program they are not required to host, but are encouraged to do so.
- ___ Host Family may qualify for a \$50 monthly deduction – go to IRS Publication 526 for information

Student Responsibility and Expectations:

- ___ Adaptation - Learn the language, culture & family expectations
- ___ School is MANDATORY! J-1 VISA requirement. Perform well in school. Be involved with extra-curricular activities (Interact/sports/clubs/music/drama)
- ___ Communicate
- ___ Use of Computers
 - All use of computers should be in English. This includes Social Media.
 - Rotary should be given full access to Student's Facebook Page
 - Time on computer should be limited and students are not to lock themselves in their room to be on the internet
- ___ Cell Phones - Students are responsible for any phone expenses. Limit time spent communicating with home
- ___ Ambassador for their country and Rotary
- ___ Participate in Rotary and community activities
- ___ Abide by the District 7210 Rules and Regulations.
- ___ Smoking - No smoking, and that includes E-Cigs.
- ___ Friends - students need to choose friends wisely. Host Family/Rotary may need to provide some guidance.
- ___ Working - Students are not allowed to hold a regular job. Occasional yard work or babysitting is okay.
- ___ Community volunteering is encouraged
- ___ Contact with "home" is to be limited, especially during the beginning months with language and culture immersion. Set up scheduled limited contact times with home. Too much contact with family and friends back home can limit and sometimes end an exchange.

The undersigned agree to serve as a host family for this student from _____, 20__ to _____, 20__.
We understand that the host family will not be reimbursed or compensated for ordinary day to day living costs of maintaining this student. Further, we understand that the host family assumes certain responsibilities including but not limited to the above.

Agreed to this ____ day of _____, 20__.

Host Club Officer _____

Host Father _____

Host Mother _____